

Think dental and vision care has to be expensive? It doesn't.

You've got family members to take care of and the costs of basic dental and vision care shouldn't create additional financial stress.

The discount programs available from Careington International Corporation give you access to high quality and affordable dental and vision care. Proper dental and vision health have been linked to good overall health, so take advantage of the discounts to keep you and your family healthy.





Dental Care

Members may take advantage of savings offered by an industry leader in dental care. Careington is one of the most recognized professional discount dental networks in the nation and one of the largest discount dental networks nationally with a focus on neighborhood dentists. Careington networks are a leader in member-transparent pricing with robust fee schedules.

Sample Dental Savings*

Procedure Description	Regular Cost *	Your Cost**	\$ Savings	% Savings
Adult Cleaning	\$126	\$47	\$79	63%
Child Cleaning	\$89	\$36	\$53	60%
Routine Checkup	\$73	\$24	\$49	67%
Four Bitewing X-rays	\$85	\$31	\$54	64%
Composite (White) Filling	\$201	\$77	\$124	62%
Crown (porcelain fused to noble metal)	\$1,424	\$654	\$770	54%
Complete Upper Denture	\$2,047	\$849	\$1,198	59%
Molar Root Canal	\$1,382	\$598	\$784	57%
Extraction (single tooth)	\$240	\$81	\$159	66%

^{*} Regular cost is based on the national average of the 80th percentile usual and customary rates as detailed in the 2015 FairHealth Report in the Los Angeles, Orlando, Chicago and New York City metropolitan statistical areas.

Save 20% to 60% on most dental procedures including routine oral exams, unlimited cleanings, and major work such as dentures, root canals, and crowns

20% savings on orthodontics including braces and retainers for children and adults

Cosmetic dentistry such as bonding and veneers also included

All specialties included—Endodontics, Oral Surgery, Orthodontics, Pediatric Dentistry, Periodontics, and Prosthodontics – a 20% reduction on normal fees where available

All dentists must meet highly selective credentialing standards based on education, background, license standing and other requirements

Members may visit any participating dentist on the plan and change providers at any time.

tan statistical areas.

** These fees represent the average of the assigned Careington Care 500 Series & Care Series fees in the Los Angeles, Orlando, Chicago and New York City metropolitan statistical areas.

Prices subject to change.



Access to **two** vision provider networks:

EyeMed Vision Care Access Plan

Members save 20% to 40% off the retail price of eyewear with the EyeMed Vision Care Access Plan D discount program through the Access network. Members are eligible for discounts on exams, eyeglasses and contact lenses from more than 65,000 providers nationwide including independent optometrists, ophthalmologists, opticians, and leading optical retailers such as LensCrafters®, Sears Optical® Target Optical®, JCPenney® Optical, and most Pearle Vision® locations.

Superior Vision Care

Members save 5% to 30% off the retail price of eyewear with the Superior Vision discount program. Members are eligible for discounts on exams, eyeglasses, contact lenses, and LASIK at more than 40,000 participating provider locations. Comprehensive eye exams can help detect signs of serious health conditions like glaucoma, diabetes, high blood pressure, and high cholesterol.

This plan is not insurance.



Three plans to choose from:

Rates	Dental	Vision	Dental Vision
Employee:	\$4.95/mo	\$3.95/mo	\$5.95/mo
Employee + One	\$7.95/mo	\$5.95/mo	\$8.95/mo
Employee + Family	\$11.95/mo	\$7.95/mo	\$12.95/mo



Call Careington 844-346-8610



Visit us on the web: https://GapInc.Careington.com

Disclosures: THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance. This plan does not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. This is not a Medicare prescription drug plan. The range of discounts will vary depending on the type of provider and service. The plan does not pay providers directly. Plan members must pay for all services but will receive a discount from participating providers. The list of participating providers is at https://Gaplnc.Careington.com. A written list of participating providers is available upon request. You may cancel within the first 30 days after receipt of membership materials and receive a full refund, less a nominal processing fee (nominal fee for MD residents is \$5, AR and TN residents will be refunded processing fee). Discount Medical Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380.

This plan is not available in Vermont or Washington.



